



## Emergency food for local people in crisis

Please donate an item or two from the list.

## Thank you!

## SHOPPING LIST

Milk (UHT or powdered) Fruit juice (long life) Soup Pasta sauces Tinned sponge pudding Tinned tomatoes Tinned vegetables Cereals Tinned rice pudding Tea bags/instant coffee Instant mash potato Rice/pasta Tinned Meat/fish **Tinned** fruit Jam Biscuits or snack bars

Stop UK Hunger



## 01722 580180 trusselltrust.org

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